

The D.P.H. Partnership Community Policing of Health Care & Substance Disorders

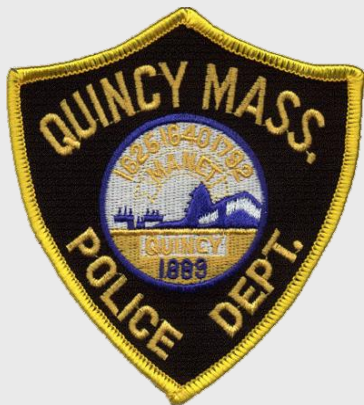
Patrick P. Glynn

Lieutenant Detective

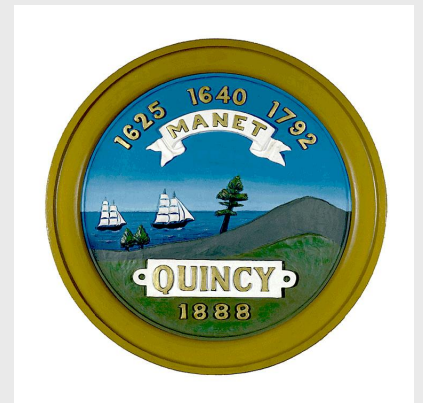
Commander: Special Investigations & Narcotics Unit

Quincy Police Department

HIDTA Regional Heroin Symposium 2014



Washington – Baltimore
HIDTA



Intranasal Naloxone (Narcan) Training for First Responders

Nasal Narcan

SAVES LIVES

There are 8 Nasal Narcan Pilot
Programs statewide,

Bay State Community Services Inc. in
Quincy has become the 8th site in
October 2009

Nasal Narcan Pilot Program

There are 8 statewide

- Bay State Community Services
Quincy, MA 617-471-8400 142
- Cope Center (BAMSI)
Brockton, MA 508-583-3405
- Boston Public Health Commission
Boston, MA 617-534-3967
- CAB Health & Recovery
Lynn, MA 781-592-0243
- Cambridge Cares About AIDS
Cambridge, MA 617-599-0219
- Tapestry Health
Northampton, MA 413-586-0310
- Seven Hills Behavioral Health
New Bedford, MA 508-996-0546
- AIDS Support Group of Cape COD
Provincetown, MA 508-487-8311
Hyannis, MA 508-778-1954

Examples of Opiates and Opioids

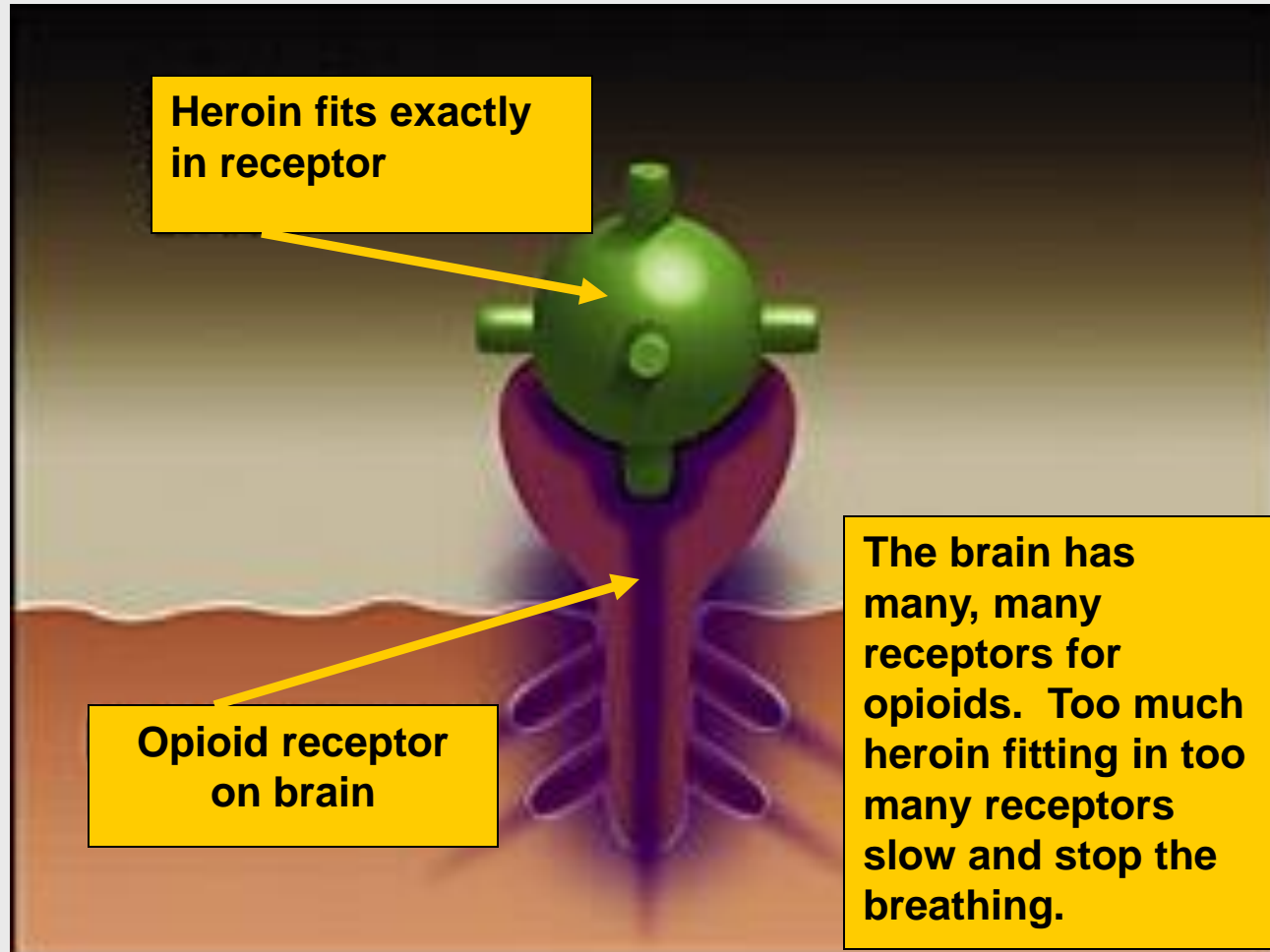


- Heroin*
- Morphine*
- Codeine*
- Methadone
- Buprenorphine (Suboxone®)
- Oxycodone (OxyContin®, Percocet®, Percodan®)
- Hydrocodone (Vicodin®)
- Fentanyl
- Meperidine (Demerol®)



*Naturally derived (opiates)

What is an Opioid Overdose?



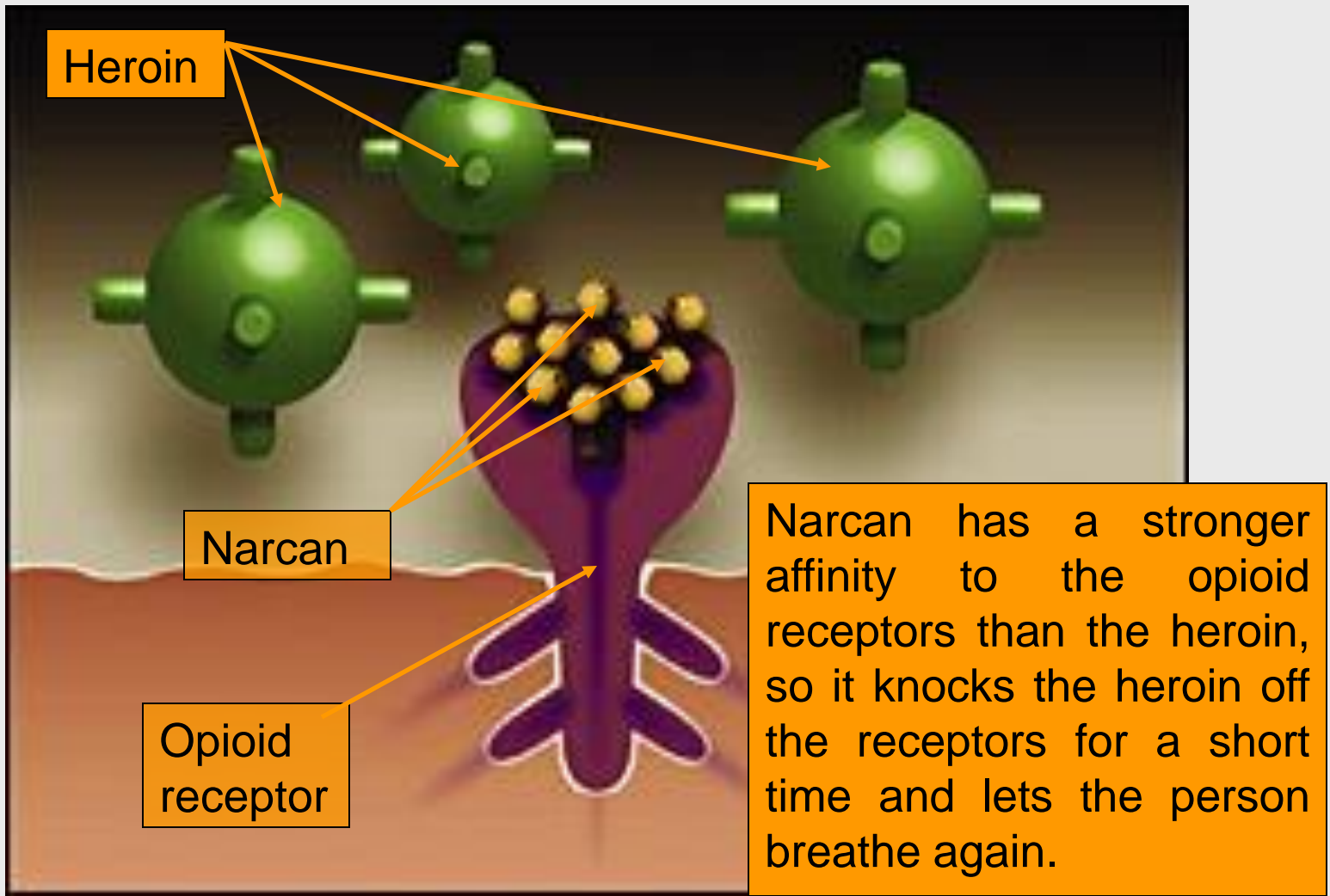
Opioid ODs, continued

- O-ODs are rarely instantaneous!
 - ODs happen as a process- someone sloooowly stops breathing
- They usually happen 1-3 hours after the drug was used
- Someone “found dead with a needle in their arm” is a rare event that is sensationalized

What is Narcan (Naloxone®)

- Narcan knocks the opiate off the opiate receptor, but the drug is still in the body. It **temporarily** takes away the “high,” giving the person the chance to breathe.
- Narcan works in 1 to 3 minutes and lasts 30 to 90 minutes.
- Narcan has no side effects other than blocking opiate receptors.
- Narcan can **neither** be *abused* nor cause *overdose and has **no side effects***

Narcan reversing an OD



While waiting for the Narcan to take effect, if there is no breathing or breathing continues to be shallow, **continue to perform rescue breathing** for them.

Important :

- The most important thing is that the person continues to get oxygen.
- If there is no change in 3-5 minutes, administer another dose of Narcan (*use another box*) If the second dose of Narcan does not revive them, something else is wrong, besides an opioid overdose.
This is why we stress call 911 to the general public

Evaluation and Support

Narcan only last about 30-90 min in the blood. While the effects of the opioid may last much longer.

Opioids differ in duration:

- *Heroin 4-6 hours*
- *Methadone 24-32 hours*
- *Demerol 2-4 hours*
- *Oxycontin 3-6 hours*

Therefore, it's possible that after Narcan wears off the person **could fall out again.**

Street methods now have a better alternative-what not to do during an Opioid Overdose

- Don't leave the person alone (they could stop breathing)
- Don't put them in the bath (they could drown)
- Don't induce vomiting (they could choke)
- Don't put ice down their pants (cooling the body temp could cause cardiac arrest)
- Don't inject them with **anything** ((salt, cocaine, milk)--- *it won't work*

How to give Nasal Narcan



1. Pop off two yellow caps and one red cap.
2. Screw medicine **gently** into delivery device.
3. Hold spray device and screw it onto the top of the delivery device.
4. Spray half of the medicine up one side of the nose and half up the other side.

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Overdose Prevention Program Report-Back Form

Department Codes
01 - Quincy Police
02 - Quincy Fire
03 - Revere Fire

Date: / / Staff: _____ ID Number: Department:

Date of Overdose: / / Time of Overdose: _____ : _____ AM PM (circle one)

Zipcode where overdose occurred:

Gender of the person who overdosed?

Female Male MTF FtM Unknown

Signs of overdose present: (check all that apply)

Unresponsive Breathing slowly Not breathing Blue lips
 Slow pulse No pulse Other (specify) _____

Overdosed on what drugs? (check all that apply)

Heroin Benzos/Barbituates Cocaine/Crack Suboxone Any other opioid
 Alcohol Methadone Don't Know Other (specify) _____

Was pilot program naloxone given during overdose?

Yes No Don't know

↳ If YES, number of doses used:

↳ If YES, did it work? (If pilot program naloxone was not given or did not work, please explain in comments)
 Yes No Not sure

↳ If pilot program naloxone worked, how long did it take to work?
 Less than 1 min 1-3 min 3-5 min >5 min Don't Know

Response to pilot program naloxone: (check one)

Responsive and alert Responsive, but sedated No response to naloxone

↳ If responsive, which of the following occurred? (check all that apply)
 Improved color Withdrawal symptoms (irritable, anxious, combative)
 Increased respiration Other (specify): _____

Did the person live? Yes No

What else was done? (check all that apply)

Sternal rub / Lip rub Recovery Position Rescue breathing Chest Compressions
 Automatic Defibrillator Yelled Shook them
 Other (specify): _____

Disposition: (check all that apply)

Care transferred to ambulance service Transported to emergency department
 Other (specify): _____

Notes / Comments